# Special Health Care Needs Healthy Children and Youth (HCY)

## Description

The HCY Administrative Case Management Service assists families in meeting their child's needs to function at an optimal level. Assistance is provided for:

- Access to screening services
- Follow-up on referrals to additional medical providers
- Establishment of a medical home
- Service plan development
- Follow through on a treatment plan

Treatment is determined by the primary care provider. As a part of the Administrative Case Management role, Special Health Care Needs (SHCN) staff assists in securing the following services:

- Home health services
- Private duty nursing
- Personal care service
- Advanced personal care services

### **Eligibility**

All children (birth to age 21) residing in Missouri who are in need of medically necessary services from Medicaid providers, including Missouri Medicaid recipients who may be enrolled in one of the following SHCN services:

- Medicaid recipients needing services that require Prior Authorization (PA) who are referred to SHCN for medical necessity determination
- Hope Service, when the recipient:
  - Has a complex medical condition that cannot be adequately managed through the Medicaid managed care program
  - Has a complex medical condition that requires service coordination and resides in a county that does not offer Medicaid managed care
  - Has a fragile social situation that requires long term service coordination to assure adequate medical care and follow-up
  - Has SSI and has "opted-out" of a Medicaid managed care plan
  - Is eligible for Medicaid due to an eligibility code that has been excluded from the Medicaid managed care program

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www.dhss.state.mo.us/SHCN/index.html

#### Services

<u>Services Outreach</u>—Administrative and support staff activities related to identifying and referring potential Medicaid recipients to the Division of Family Services for eligibility determination.

#### Service Coordination

- Assisting recipients/families in identifying and accessing medically necessary services,
- establishing a medical home,
- connecting them with appropriate community resources,
- and meeting with the recipient and family on an on-going basis to plan, promote, assist, and assure the implementation of the needed services.

<u>Service (Case) Planning</u>—Developing an interdisciplinary plan for coordination of the required medical services.

<u>Service Identification</u>—Following assessment and service planning, the SHCN service coordinator will identify the type, amount, intensity, and duration of services required to meet the case plan goals. The SHCN service coordinator/HCY Facilitator will identify potential service providers from which the family may choose.

<u>Prior Authorization</u>—The HCY Facilitator or SHCN designee shall review the HCY Prior Authorization Request forms (PA's) submitted by the provider. The SHCN service coordinator approves/denies PA's for the following services:

- Private duty nursing
- Personal care aide services
- Advanced personal care aide
- Intermittent skilled nursing
- Physical therapy, speech therapy or occupational therapy visits in excess of five times per week
- Medical supplies costing more than \$300.00 per month

<u>Service Monitoring</u>—Reviewing the service plan and any other necessary documents to identify the recipient's progress. Service monitoring includes assurance of identification, planning and implementation of the services, and service coordination.